

# SUMMER/AUTUMN MENU 2026



**Week 1 – 13/04, 04/05, 25/05, 15/06, 06/07, 07/09, 28/09, 19/10**

WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
<b>Main</b>	Sausage Roll & Potato Wedges	Mild Beef & Bean Chilli & Rice	Roast Chicken, Gravy, Stuffing & Roast Potatoes	Sausage & Sweetcorn Pizza with Pasta Salad	Fish Fingers & Chips
<b>Vegetarian</b>	Pasta Spirals in Tomato Sauce, topped with Cheese & slice of Garlic Bread	Macaroni Cheese with Vegetables or Salad	Quorn Grill, Gravy, Stuffing & Roast Potatoes	Margherita Pizza Slice with Pasta Salad	Cheese Quiche & Chips
<b>Vegetables</b>	Seasonal Mixed Vegetables (or Beans on a Friday)				
Sandwiches – freshly made each day with choice of Cheese, Tuna Mayo or Ham Pasta - with Cheese or Tomato & Basil Sauce					
Jacket Potato served with Cheesy Beans, Tuna Mayo, Cheese or Beans					
<b>Dessert</b>	Chocolate Fudge Cake	Jam Sponge & Custard	Strawberry Jelly	Fruit Slices & Vanilla Cookie	Vanilla or Chocolate Ice Cream

**Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt**

**Week 2 – 30/03, 20/04, 11/05, 01/06, 22/06, 13/07, 14/09, 05/10, 26/10**

WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
<b>Main</b>	Sausage & Mash with Gravy	Beef Lasagne & Garlic Bread	Roast Chicken, Gravy, Yorkshire Pudding & Roast Potatoes	Rainbow Vegetable Pizza with Tomato Pasta	Battered Pollock & Chips
<b>Vegetarian</b>	Veggie Sausage & Mash with Gravy	Plant-based Lasagne with Garlic Bread	Yorkshire Pudding stuffed with Rosted Vegetable Casserole & Roast Potatoes	Spaghetti with Plant-based Meatballs in an Arrabbiata Sauce with Garlic Bread	Mexican Enchilada & Chips
<b>Vegetables</b>	Seasonal Mixed Vegetables (or Beans on a Friday)				
Sandwiches – freshly made each day with choice of Cheese, Tuna Mayo or Ham Pasta - with Cheese or Tomato & Basil Sauce					
Jacket Potato served with Cheesy Beans, Tuna Mayo, Cheese or Beans					
<b>Dessert</b>	Banana Bread Cookie	Raspberry Jelly & Fruit Slices	Blueberry Cake & Custard	Fruit Slices & Flapjack	Chocolate Mousse

**Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt**



## **Week 3 – 06/04, 27/04, 18/05, 08/06, 29/06, 20/07, 31/08, 21/09, 12/10**

<b>WEEK ONE</b>	<b>FAVOURITES MONDAY</b>	<b>WORLD TUESDAY</b>	<b>ROAST WEDNESDAY</b>	<b>PLANET PIZZA THURSDAY</b>	<b>FISH FRIDAY</b>
<b>Main</b>	Burger with Potato Wedges	Sweet & Sour Chicken with Yellow Rice	Roast Chicken, Gravy, Stuffing & Roast Potatoes	Margherita Pizza with Pasta Salad	Fish Fingers & Chips
<b>Vegetarian</b>	Macaroni Cheese with Vegetables or Salad	Pasta Twists in a Tomato & Basil Sauce	Quorn Grill, Gravy, Stuffing & Roast Potatoes	Cauliflower, Sweet Potato & Lentil Curry with Rice	Veggie Fish Fingers & Chips
<b>Vegetables</b>	Seasonal Mixed Vegetables (or Beans on a Friday)				
Sandwiches – freshly made each day with choice of Cheese, Tuna Mayo or Ham Pasta - with Cheese or Tomato & Basil Sauce					
Jacket Potato served with Cheesy Beans, Tuna Mayo, Cheese or Beans					
<b>Dessert</b>	Chocolate Cookie	Pineapple Upside Down Cake & Custard	Orange Jelly	Chocolate & Apple Cake	Iced Sponge Cake with Sprinkles

**Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit**

### **ALLERGY MENUS – A GUIDE FOR PARENTS**

Parents, guardians, and carers can apply for a medical diet if their child has a diagnosed allergy, diagnosed intolerance or medical condition requiring an adapted menu (e.g. type 1 Diabetes).

All medical diet requests must be supported with medical evidence. This must be in the form of a letter which clearly outlines your child's food allergies/ intolerances, and must be from a medical Doctor, Dietitian or Specialist Nurse.

If you would like to request a specialist medical diet for your child/ren please speak to the academy office in the first instance, they will provide you with access to the online portal; Lunchound. As part of the request and approval process, the school office will be asked to authorise that this is a legitimate request, sent by a parent, guardian, or carer with parental responsibility for a pupil at your school.

Please note, you do not need to make a request for dietary preferences, or for the following diets: vegan, pescatarian, vegetarian or halal, as these requirements can be met through the standard menu.

### **FREE SCHOOL MEALS**

All pupils in Reception, Year 1 and Year 2 are entitled to Universal Free School Meals (UniFSM).

In addition to this families who receive certain benefits may be eligible for Free School Meals (FSM). Entitlement to FSM means your child will not need to pay for dinners when they reach Year 3 and could also raise extra money to fund valuable support like extra tuition, additional teaching staff or after school activities

To check if your child is eligible, please complete the NCC form via <https://www.norfolk.gov.uk/38166> or collect a paper copy of the form from our main office.